

*Without the support of these  
sponsors, this event would  
not take place*

## 10th Annual



**Ironhead Race Productions**

**Kiwanis Club of Rockwall  
County**

**C-Me Sports**

**Richardson Bike Mart**

**Run-FAR Racing Services**

**Pure Sport**

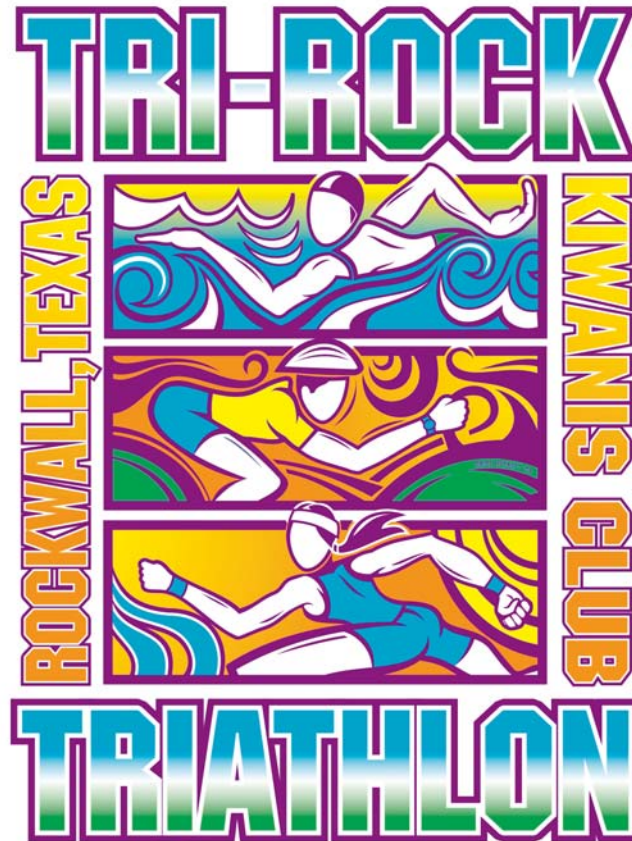
**Rockwall ISD**

**City of Rockwall**

**Cyber Seniors USA**

**Rockwall Cycling**

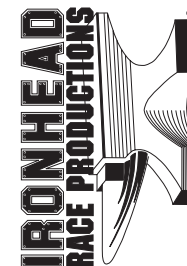
**Dr. Lezlie Maloy, DC**



**Rockwall ISD Natatorium**

**Rockwall, TX**

**August 22, 2010**



**PO Box 1113  
Euless, TX 76039-1113**

# 2010 Rockwall Tri-Rock Triathlon Official Entry Form

Last Name

First Name

Street

City  State

Zip Code  Sex M  F

Phone

DOB (mm/dd/yy)  Age(12/31/10)

email

Personal ChampionChip #

USAT Number

Clydesdale/Athena Weight

Estimated Swim Time (mm:ss)  :

Relay Members

Last Name

First Name

Swim  Bike  Run  M  F

DOB (mm/dd/yy)

Last Name

First Name

Swim  Bike  Run  M  F

DOB (mm/dd/yy)

**USA Triathlon Fee payable  
only at Packet Pickup**

**Online Registration available at Ironhead  
Race Productions Website**

or

**Make Checks Payable to:  
Rockwall County Kiwanis  
c/o Ironhead Race Productions  
PO Box 1113, Euless, TX 76039-1113**

Office Use Only	Date Rcv'd
Chk#	Pkt Out

# Rockwall Tri-Rock Triathlon 300m Swim - 20km Bike - 5km Run

## WHEN

7:15 am Sunday, August 22, 2010

## WHERE

Rockwall ISD Natatorium  
1191 Townsend Dr, Rockwall, TX 75087

## AWARDS

1st Overall Male/Female, 1st Male/Female Masters,  
15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54,  
55-59, 60-64, 65-69, 70-74, 75-79, 80+,  
Clydesdale, Athena, Relays  
Awards based on size of age group as of Monday of  
race week.

## EARLY (DISCOUNT) ENTRY FEE

Thru July 28, 2010:  
Individual \$60.00 Relay \$120.00

July 29- August 18, 2010:  
Individuals \$70.00 Relay \$140.00

August 19-21, 2010:  
Individuals \$80.00 Relay \$160.00  
**ABSOLUTELY NO REFUNDS OR TRANSFERS**  
NO Race Day Registration or Packet Pick-up.

## ALL PARTICIPANTS

Receive a distinctive Event T-shirt

Limited to first 600 entrants



## HOST HOTEL

Hilton Bella Harbor  
2055 Summerlee Drive  
Rockwall, TX 75032 (469) 698-7900

Ask for Triathlon Rate

## PACKET PICKUP/LATE REGISTRATION

August 19: 1-6pm at Bicycles, Inc.  
5937 SW Green Oaks Blvd  
(SE corner of I-20/Green Oaks intersection)  
Arlington, TX (817) 572-BIKE

August 20: 11am-7pm  
Richardson Bike Mart  
1451 W. Campbell Rd.  
Richardson, TX (972) 231-3993

August 21: noon-5pm  
Rockwall Cycling  
832 Steger Towne Drive  
Rockwall, TX (972) 771-8297

## CPSC Approved Bicycle Helmet REQUIRED

## USA TRIATHLON MEMBERSHIP

This is a USA Triathlon  
sanctioned event and all  
participants must hold an  
annual membership or a  
single day permit.  
Annual Fee \$39.00, One Day Permit \$10.00



**USAT Memberships are available at  
packet pick-up only. Do not mail with  
entry fee.**

**Information Hotline: (817) 707-0500  
On the web @ <http://www.ironheadrp.com>**