

Without the support of these
sponsors, this event would
not take place

Ironhead Race Productions

C-Me Sports

Run-FAR Racing Services

Richardson Bike Mart

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Lake Highlands YMCA

Pure Sport

TriSwimmingCoach.com

Dr. Lezlie Maloy, DC

1st Annual

**Lake Highlands
YMCA Kids
Triathlon**



**Ages 7-8, 9-10,
11-12, and 13-14**

**Lake Highlands YMCA
Dallas, TX**

May 2, 2010



**PO Box 1113
Euless, TX 76039-1113**



2010 Lake Highlands YMCA Kids Triathlon Official Entry Form

Last Name
 First Name
 Street
 City State
 Zip Code Sex M F
 Phone
 DOB (mm/dd/yy) Age(12/31/10)
 email
 Personal ChampionChip #
 USAT Number
 Relay Members
 Last Name
 First Name
 Swim Bike Run M F
 DOB (mm/dd/yy)
 Last Name
 First Name
 Swim Bike Run M F
 DOB (mm/dd/yy)
 USA Triathlon Fee payable **only at Packet Pickup**
 Online Registration available at Ironhead Race Productions Website
 or
 Make Checks Payable to:
 Ironhead Race Productions
 PO Box 1113, Eules, TX 76039-1113
 All Participants' parents will be required to sign waiver at packet pick-up

Office Use Only	Date Rcv'd
Chk#	Pkt Out

Lake Highlands Y Kids Triathlon

Ages 7-8, 9-10
100m Swim - 2.8 mile Bike - 0.6mi Run
 Ages 11-12, 13-14
100m Swim - 5.6 mile Bike - 1.2mi Run

WHEN
7:00 am Sunday, May 2, 2010

WHERE
Lake Highlands YMCA
8920 Stults Rd
Dallas, TX 75243

AWARDS
Finishing Awards to all finishers

ENTRY FEE
Thru April 17, 2010:
Individual \$35.00, Teams \$70.00

April 18-29, 2010:
Individual \$45.00, Teams \$90.00

April 30-May 1, 2010:
Individual \$50.00, Teams \$100.00

NO Race Day Registration or Packet Pickup

PACKET PICKUP/LATE REGISTRATION

April 30: noon-5pm at Richardson Bike Mart
1451 W. Campbell Rd
Richardson, TX (972) 231-3993

May 1: noon-5pm at
Lake Highlands YMCA
8920 Stults Rd
Dallas, TX (214) 357-8431

ALL PARTICIPANTS
will receive a distinctive Event T-shirt

CPSC Approved Bicycle Helmets REQUIRED

USA TRIATHLON MEMBERSHIP
 This is a USA Triathlon sanctioned event.
 Membership in USA Triathlon is mandatory for this race.
 Youth Membership Annual Fee \$5.00

SANCTIONED EVENT

USAT Memberships are available at packet pick-up only.



Information Hotline: (817) 707-0500
On the web @ www.ironheadrp.com