

Without the support of these
sponsors, this event would
not take place

Ironhead Race Productions

Run-FAR Racing Services

Kiefer Swim Shop

Richardson Bike Mart

Bicycles Inc

**Benbrook YMCA/
Community Center**

**Presbyterian Sports
Network**

Gatorade

Clif Bars

Albertson's

TriSwimmingCoach.com

13th Annual Benbrook Kids Triathlon

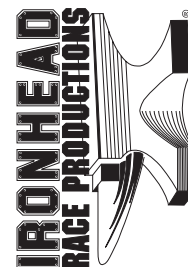
(Formerly Metroplex Kids Triathlon)



**Ages 7-8, 9-10,
11-12, and 13-14**

**Benbrook YMCA/
Community Center
Benbrook, TX**

April 25, 2009



**PO Box 1113
Euless, TX 76039-1113**

**2009 Benbrook Kids
Triathlon
Official Entry Form**

Last Name

First Name

Street

City State

Zip Code Sex M F

Phone

DOB (mm/dd/yy) Age(12/31/09)

email

Personal ChampionChip #

USAT Number

Relay Members

Last Name

First Name

Swim Bike Run M F

DOB (mm/dd/yy)

Last Name

First Name

Swim Bike Run M F

DOB (mm/dd/yy)

**USA Triathlon Fee payable
only at Packet Pickup**

**Online Registration available at Ironhead
Race Productions Website**

or

**Make Checks Payable to:
Ironhead Race Productions
PO Box 1113, Euless, TX 76039-1113**

**All Participants' parents will be required
to sign waiver at packet pick-up**

Office Use Only	Date Rcv'd
Chk#	Pkt Out

Benbrook Kids Triathlon

Ages 7-8, 9-10

100m Swim - 2.5 mile Bike - 1 mile Run

Ages 11-12, 13-14

200m Swim- 5 mile Bike- 1.5 mile Run

WHEN
7:00 am Saturday, April 25, 2009

WHERE
Benbrook YMCA/Community Center
1899 Winscott
Benbrook, TX

AWARDS
Finishing Medals to all finishers

ENTRY FEE
By April 12, 2009:
Individual \$30.00, Teams \$60.00

April 13-22, 2009:
Individual \$40.00, Teams \$80.00

April 23-24, 2009:
Individual \$50.00, Teams \$100.00

NO Race Day Registration or Packet Pickup

PACKET PICKUP/LATE REGISTRATION
April 23: 11am-7pm at Richardson Bike Mart
1451 W. Campbell Rd
Richardson, TX (972) 231-3993

April 24: noon-6pm at
Benbrook YMCA/Community Center
1899 Winscott
Benbrook, TX (817) 249-0500

ALL PARTICIPANTS
Will receive a distinctive Event T-shirt

HOST HOTEL
TBD

CPSA Approved Bicycle Helmets REQUIRED

**USA TRIATHLON
MEMBERSHIP**

This is a USA Triathlon
sanctioned event.
Membership in USA
Triathlon is mandatory
for this race.
Youth Membership Annual Fee
\$5.00



SANCTIONED EVENT

USAT Memberships are available at packet
pick-up only.



**Information Hotline: (817) 707-0500
On the web @ www.ironheadrp.com**