

**MEMO TO: Athens Tri Competitor**

**SUBJECT:** Confirmation of Entry and Packet Pick-up Instructions

Welcome to the 25th Annual Athens Triathlon, Cain Center, Athens, TX on **March 6, 2010**. Here are some important tips to make your racing experience safe, enjoyable and easy:

1. Be sure to have your **USA TRIATHLON LICENSE** with you at packet pick-up or be prepared to pay a \$10.00 one-day membership fee. **USAT also requires all competitors MUST pick up their own packet.** This is a USA Triathlon sanctioned race, **no exceptions!!**
2. Packet pick-up will be at Bicycles, Inc. 5739 SW Green Oaks Blvd (SE Corner (I20 & Green Oaks), Arlington TX on Wednesday, March 3<sup>rd</sup> 1 to 6 PM, Richardson Bike Mart on Coit & Campbell Rd on Thursday, March 4<sup>th</sup> from 11 AM to 6:30 PM and at Cain Center at 915 S. Palestine, Athens, TX on Friday, March 5<sup>th</sup> from 3 PM until 9 PM **These are the only three (3) packet pick-ups prior to race.** Failure to pick up your packet by this last time **will result** in your **disqualification** and there are **no refunds**.
3. There is a **mandatory** bike & helmet inspection for this race. These inspections will be conducted at the following bike shops during normal business hours beginning **Feb 22, 2010:**  
**In the Dallas/Ft. Worth Metroplex: Through March 5<sup>th</sup>:**  
Richardson Bike Mart (3 locations Richardson, Frisco & Dallas) 972-231-3993  
Ft. Worth Cycling & Fitness (3315 Cherry Lane, Ft. Worth) 817-244-7911  
Bicycles Plus (Flower Mound, TX) 214-513-2604  
Bicycles, Inc (4 locations Keller, Bedford, Arlington & Ft. Worth) 817-268-6572  
Rockwall Cycling (Rockwall, TX) 972-771-8297  
**In Austin:** Jack & Adam's Bicycles, 512-472-5646  
**In Austin:** Nelo's Pro Cycles, 512-338-0505  
**In Austin:** Austin Tri-Cyclist, 512-494-9252  
**In Houston:** Bikesport Houston, 713-850-0250  
**In Boerne, TX:** Gotta Ride Bikes, 830-755-8039  
**In Tyler, TX:** Elite Bicycles, 903-534-9998  
**In College Station, TX:** Aggieland Cycling, 979-676-9490  
**In Midland, TX:** Peyton's Bicycles, 915-699-1718  
**In San Angelo, TX:** Randy's Bike & Run 325-655-1605  
**In Abilene, TX:** Biketown, 325-677-2453
4. Massage therapy may be available at the race site on race day.
5. **There will be a mandatory pre-race meeting for all competitors a 7:30 AM on Saturday, March 6<sup>th</sup>.**

6. This is a very strenuous athletic event. Competitors should be adequately trained and conditioned to safely complete this event. If you are sick or have not sufficiently trained for this event, you should consider withdrawing and not competing. **Further if during the race you become ill, dehydrated or dizzy, you should stop immediately and seek the assistance of a course volunteer.**
7. **\*\*\*\*\*ABSOLUTELY NO VEHICULAR TRAFFIC WILL BE PERMITTED ON PALESTINE STREET BETWEEN 8:00AM & 11:30AM.** You must arrive and be parked by 6:45AM or you will not be allowed to park near the Pool area. Once your car is in, you will not be able to depart the area until 11:30AM. **NO EXCEPTIONS!!!**
8. The race will begin at **8:00AM** with the seed positioning to be determined on the Wednesday prior to race day. Late entrants will be seeded at the back. **You will be given your seed assignment at packet pick-up.**
9. Finally, have a good, safe race. Let's race hard, but race friendly. Good sportsmanship is still the name of the game.

Yours In Sport,

Jack Weiss  
RACE DIRECTOR